

Patient Name: _____

Patient File #: _____

Duties Performed Under Duress at Work and Home

Date _____ Date of Injury _____

Initial Update Final

Please check all that apply to your WORK because of the accident

- I go to work but work in pain
- I limit my work activities
- Bending at work hurts
- Stooping at work hurts
- Sitting at work hurts
- Using the Computer at work hurts
- Pushing at work hurts
- Pulling at work hurts
- Kneeling at work hurts
- I have lost status in my company
- I have lost job security
- I didn't get a promotion
- I don't enjoy work as much as before
- I doze off at work
- I take unpaid time off work to go to Dr.
- I daydream at work more than before
- I feel tired at work
- _____
- _____

- I work in pain because I have bills to pay
- I can't take time off because I would lose my job
- I keep working so I don't lose status at company
- My business would fail if I took time off
- I believe in working even when I'm in pain
- I feel obligated to work even though I'm in pain
- My business would lose money if I took time off
- My work is not as good as it was before accident
- My boss reprimanded me for poor performance
- I got a different job within the same company
- I got a different job in another company
- I make less money than before the accident
- I cannot do the same work/job as before accident
- I can't concentrate as well at work
- I take paid time off to go to Dr.
- I make mistakes at work I didn't used to
- I hide my poor work performance from my boss
- _____
- _____

- My house is not as clean now
- My yard is not as neat now
- My garden is not as productive now
- I do yard work, but do it in pain
- I cannot do my normal yard work
- I do house work, but do it in pain
- I cannot do my normal house work
- Doing laundry hurts me
- I cannot do laundry now
- Washing dishes hurts me
- I cannot wash dishes now
- Vacuuming hurts me
- I cannot vacuum now
- Cooking hurts me
- I cannot cook now
- Washing the car hurts me
- I cannot wash my car
- _____
- _____

- I cannot take time off because I care for children
- I have _____ children ages _____
- I had to hire a paid housekeeper
- I asked someone for unpaid housekeeping help
- I had to hire a paid gardener
- I asked someone for unpaid yard work help
- Mowing the lawn hurts me
- I cannot mow the lawn
- Taking out the trash hurts me
- I cannot take out the trash
- I do not enjoy my gardening/yardwork like I used to
- I do not enjoy my housework like I used to
- Gardening hurts me
- I cannot do my gardening at all since the accident
- Others living with me do my share of the work now
- Others living with me do my share of the yard work
- Others living with me do my share of the gardening
- _____
- _____

Signature _____

Date _____